

A Virtual Conference Experience

September 30 - October 2, 2020

Experience 3 days of learning, networking, and shaping the future. This virtual conference experience includes programming from national and statewide afterschool partners for afterschool program leaders, staff, families and educators focused on 5-E themes:

- Engineering Mindset
- Equity & Inclusion
- Emotional Health & Wellness
- Environmental & Outdoor Education
- Entrepreneurship

Enjoy!



Conference Sponsors



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A Welcome Message

On behalf of the organizing partners, it is our pleasure to welcome you to GetConnected 2020 – Nebraska’s statewide school-age afterschool and summer learning conference. This annual conference is designed to support you – the front-line staff, site coordinators, directors, child care providers, program partners and advocates powering high quality afterschool and summer programs.

COVID-19 has challenged just about every aspect of 2020 and this conference is no exception. In response to this year’s challenges, we have organized GetConnected 2020 around five timely E-themes:

- Emotional Health & Wellness
- Equity & Inclusion
- Engineering Mindset
- Entrepreneurship
- Environmental & Outdoor Education

GetConnected 2020 is being produced entirely on a highly interactive virtual platform, made possible by the generous support of our partners at the C.S. Mott Foundation. Going virtual is new ground for the conference’s organizing partners and we invite you to join us in testing the limits of this new conference platform to learn, share, engage and interact in a unique online learning experience.

As you will soon learn, one of the many benefits of a virtual conference is it frees us from limits of time and space. Building on this strength, we invite you to start your GetConnected 2020 experience by joining us in exploring Wes Moore’s *The Other Wes Moore*, an audiobook provided to all registered participants. This heartfelt exploration of the intersections of race, opportunity and caring adults will be the focus of book club conversations in the conference forum and will serve as the starting point for discussions about all our key E’s, especially equity and inclusivity in afterschool and summer programs. We look forward to many more shared learning experiences during these three days and beyond.

Again, on behalf of the conference organizing partners, we are thrilled you are joining us for GetConnected 2020.

Sincerely,

Jeff Cole
Beyond School Bells



Jan Handa
21st Century
Community Learning Centers



Dr. Saundra Frerichs
Nebraska Extension



Program Organizers

The conference organizers have collaborated to convene a Nebraska statewide conference since May, 2005 when the first Hours of Opportunity Conference was held at the Eastern Nebraska 4-H Center. As the field of afterschool and summer enrichment has grown over the last fifteen years, so has the scope and reach of the conference. The conference location now alternates between Omaha and Kearney, and although the current health emergency does not allow for an in-person experience this year, the conference organizers are excited to provide the GetConnected 2020 Afterschool Conference on this virtual platform.



Beyond School Bells builds partnerships that lead to policies and actions at both the state and local levels resulting in more high quality, locally sustainable afterschool and summer programs for more Nebraska youth.



The 21st CCLC is a competitive grant program to support the establishment of community learning centers offering expanded learning opportunities afterschool and in the summer. Our three overarching goals are: 1) improving overall student academic success, 2) increasing positive behavior and social interactions, and 3) increasing active and meaningful family and community engagement.



The Nebraska Department of Education is a constitutional agency whose mission is to lead and support the preparation of all Nebraskans for learning, earning, and living.



Click2SciencePD.org partners with afterschool programs to increase the confidence and competence of their staff in offering excellent STEM programs that support youth development and learning every day. We believe well facilitated STEM activities encourage youth to be curious, ask questions and develop skills for success now and in their future.



Nebraska Extension works across our whole state to provide expertise and support for youth, families, farms and ranches, communities and businesses. Extension programs include Ag research and training, child and youth development, community vitality, nutrition, disaster resources and more.

Agenda: At-a-Glance

	Wednesday, September 30	Thursday, October 1	Friday, October 2
Themes	Equity & Inclusion Engineering Mindset	Emotional Health & Wellness Environmental & Outdoor Ed.	Entrepreneurship Elevating Programs
7:30	Morning Wellness Session Yoga video	Morning Wellness Session Live Yoga	Morning Wellness Session Yoga video
8:00			
9:00	Plenary Session Explore daily themes Plan your day	Plenary Session Explore daily themes Plan your day	Plenary Session Explore daily themes Plan your day
10:00	Join the Forum discussions on Equity & Inclusion and Engineering Mindset / Book Club	Join the Forum discussions on Emotional Health & Wellness and Environmental & Outdoor Education	Join the Forum discussions on Entrepreneurship Sneak peek at Youth Marketplace
10:30	Morning Workshop Sessions Engineering at Mars Base Camp with Click2Science Educating Youth on the Science and Social Science of COVID Using the Smithsonian's "COVID-19! How do I protect myself and others?"	Morning Workshop Sessions Solar Energy and Outdoor Learning with Beyond School Bells Easy Peasy Art Pleasy with Lincoln CLC	Morning Workshop Sessions Growing Up Wild with Nebraska Game and Parks Commission Who Said You Could Teach? Helping Educators Reach, Teach and Empower Young Men with Collective for Youth
	Over 40 On-Demand Videos Available Conference Program		
12:00			
12:30	Hangout in the Virtual Exhibit Hall	Hangout in the Virtual Lounge	Hangout in Youth Marketplace
1:00	Afternoon Workshop Sessions Creating Significant Moments of Impact with The Bay Online	Afternoon Workshop Sessions Health at Home: Resources and Tips for Virtual Out-of-School Time with CATCH	Afternoon Workshop Sessions Building a Virtual Education Department at the Zoo with Omaha's Henry Doorly Zoo & Aquarium.
	Over 40 On-Demand Videos Available Conference Program		
2:30	GetConnected Networking Event Live session via Zoom	Healthy Snacks Networking Event Live session via Zoom	3:00 - 5:00 Youth Entrepreneurship Experience: An Interactive Workshop for Youth and Adults Together
3:30			
6:00			6:00 - 7:00 The Science of Cocktails Live session via Zoom

Conference Themes

● Engineering Mindset

Solve problems like an engineer.

Thanks to the generous support of Verizon, we offer sessions that help educators embed an invention/engineering mindset and problem-solving methodology into afterschool and summer learning programming. Engineering Mindset sessions will provide resources to help learners experience engineering in a new way.

● Emotional Health & Wellness

Take care of yourself so you can help others.

Educators, afterschool program leaders, staff, families and educators are on the frontlines helping youth through this challenging year. Our conference is excited to collaborate with Lotus House of Yoga to offer three unique yoga sessions on trauma and the body and how to teach yoga to youth. Emotional Health & Wellness sessions will help you meet emotional needs and provide programming that develops resilience.

● Entrepreneurship

Learn the lifelong benefits of entrepreneurship.

Entrepreneurship builds lifelong skills of perseverance, hard work, self-confidence, financial literacy, and problem solving. We are excited to offer a series of sessions on teaching entrepreneurship in afterschool so that together we can build a statewide youth entrepreneurial ecosystem.

● Equity & Inclusion

Create a positive learning environment.

Racial inequities that exist in our country and state have highlighted the need for afterschool providers to play an important role in reducing the opportunity gaps that exist for youth in low income, minority, immigrant, and geographically challenged communities. All registrants will receive a free copy of *The Other Wes Moore* audiobook. The Equity & Inclusion sessions will help program staff and leaders develop cultural competence and see equity in a new way.

● Environmental & Outdoor Education

Explore nature with environmental experts.

Now more than ever it is critical that we spend time in the safety of outdoors, exploring our natural environment. We are partnering with the Nebraska Environmental Trust and Nebraska Game and Parks Commission and many others to offer environmental and outdoor education. The Environmental & Outdoor Education sessions highlight many different ways to learn in and about the natural world.

● Elevating Programs

Leading with new perspective.

Program leaders wear many hats, and these sessions are designed to help leaders find the resources and develop the skills they need to elevate their programs. This year has offered unprecedented challenges to afterschool and summer program leaders. These sessions will give you a fresh perspective and new ideas about tackling these challenges.

Engineering Mindset



Engineering Mindset

LIVE SESSIONS

Wednesday, September 30 | 9:00 am

Opening Session/Plenary

Wednesday, September 30 | 10:30 am

Engineering at Mars Base Camp

When you register for this workshop, you will receive a Mars Base Camp kit that includes curriculum and supplies for four inspiring engineering activities that are perfect for afterschool programs. The activities in Mars Base Camp teach kids ages 8-14 STEM skills like mechanical engineering, physics, computer science, and agriculture. In this workshop, you will learn all about what is happening on Mars this year, how to use the Mars Base Camp kit, and strategies for developing an engineering mindset.

\$10 fee and pre-registration required for this session.

[Click HERE to register.](#)

Saundra Frerichs

Click2Science / Nebraska 4-H Youth Development

ON-DEMAND VIDEO*

The Wrong Theory Protocol:

A Tool for Building Empathy in the Design Process

Design thinking is a human-centered process for understanding users' needs and designing thoughtful solutions. In this session, you will learn about the Wrong Theory Protocol, a fun, easy, effective, and on-demand strategy that can be taught alongside the design thinking process to support students in designing empathetic and creative solutions.

Erin Ingram, Science Literacy, UNL

Learning Objectives

1. Participants will gain the necessary competencies to implement the Wrong Theory Protocol in conjunction with a Design Thinking lesson.
2. Participants will provide justification for why social-emotional skill development is essential to an effective engineering education program.

ON-DEMAND VIDEO*

Crossing the Finish Line with NASA STEM STARS

"NASA STEM Stars" is a webchat series connecting students with engineers, scientists and innovators. Students interact first-hand with STEM role models to learn about their inspiring careers, missions, and topics. This session will introduce participants to the virtual program, and how NASA's Next Gen STEM content leverages hands-on activities to enhance STEM literacy and help to build a vibrant and diverse next generation STEM workforce.

David E. Alexander, Jennifer Hudgins, NASA

Learning Objectives

1. Discover how NASA inspires students with STEM role models and their captivating journeys to the agency.
2. Explore STEM lessons that are simple and inexpensive to implement through interactive demonstrations and real time hands-on activities.

Engineering and Our Everyday Lives:

Engaging Today's Youth

Providing afterschool staff with knowledge and tools to engage youth in STEM, particularly the engineering mindset, is essential. Participants will be able to apply the engineering process to a variety of situations and effectively learn how to communicate and utilize this process with the youth they serve.

Nik Stevenson, University of Nebraska Omaha, STEM TRAIL Center

Learning Objectives

1. Participants will learn what the engineering process is and how it can be applied to a variety of situations.
2. Participants will learn about ways to foster an engineering mindset for youth in afterschool programming.

**The On-Demand Video Library includes all recorded sessions and will be available for registered conference participants September 30 - October 16.*



ON-DEMAND VIDEO*

Engineering with NASA's BEST

During the session, you will learn about NASA's BEST (beginning engineering science & technology) curriculum. Lessons use everyday objects to complete engineering challenges. You will even learn about an online component that students could use virtually.

Pam Petersen, NASA Nebraska Space Ambassador
Learning Objectives

1. Participants will learn beginning engineering design through NASA's BEST curriculum.
2. Participants will learn about NASA's digital badging to use with students.

NASA Education Resources

Nebraska Space Grant has invested in a small, passionate group of K-12 educators that have hand-on experience with NASA education curriculum. Learn about the Nebraska Space Ambassadors Space Camp Model, navigate NASA web resources, and learn about the latest X-planes. Resources and activities are suited for classrooms, STEM programs, afterschool clubs, and summer programs.

Tammy Blobaum, Nebraska City Public Schools
Learning Objectives

1. Participants will learn about Nebraska Space Ambassadors professional development opportunities.
2. Participants will learn how to locate activities for programs and classrooms using NASA web resources.

NASA Engineering Activities for Classroom and Afterschool

Incorporate NASA engineering activities and challenges into your classroom curriculum (aligned with Nebraska standards) and afterschool programs. Fun, real world activities for all grade levels.

Terresa Greenleaf-Littsen, Walthill Public School
Learning Objectives

1. Participants will learn activities that incorporate engineering design concepts using NASA activities.
2. Participants will learn activities that enhance current curriculum.

Sensational Science: Engaging Students in Inquiry and Engineering with PBS KIDS

Participants will learn where to find high-quality, trusted resources for educators on PBS LearningMedia, an online library of FREE media and learning materials for students of all ages. We'll dive into particular resources for K-2 students by walking through materials and activity guides from "Sensational Science Camp with Ruff Ruffman".

Sarah Noordermeer, Melanie Eirich
NET - Nebraska's PBS & NPR Station
Learning Objectives

1. Participants will learn how to engage students in the engineering design process with digital content and hands-on experiences.
2. Participants will learn about free learning materials available from PBS and NET.

The Construction and Coding of LEGO WeDo 2.0 Robots

Looking for a session that is fun and educational? The LEGO WeDo 2.0 Kit is a great way to learn how to assemble and build robots that are engaging and challenging for youth! In this session, the presenter will engineer two LEGO WeDo 2.0 Robots through a step-by-step process and code the robots to perform specific tasks.

Mirissa Scholting, 4-H Extension Assistant
Nebraska Extension in Douglas-Sarpy Counties
Learning Objectives

1. Participants will learn how to assemble a selected robotic project from the LEGO WeDo 2.0 Kit.
2. Participants will learn how to code the robot from the selected project built, as well as how to modify the coding in order to change the robot's performance.

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ON-DEMAND VIDEO*

Wearable Technology

Learn how to engage your youth with engineering and electricity with these hands-on easy to understand Wear Tec activities. Participants will gain an understanding of how to incorporate the engineering design process and series and parallel circuits.

Melissa Mracek, North Panhandle 4-H Youth Development Learning Objectives

1. Participants will learn how to build a parallel and series circuits using copper tape and LED lights.
2. Participants will learn how to incorporate the engineering design process while using craft materials.

TMC Labs: A Nebraska Platform for Engaging Youth and Community in Hands-On STEM Learning

During this session, participants will learn about the Think, Make, Create (TMC) Labs, a mobile STEM learning platform developed by Beyond School Bells, in use in communities across the state. The session will also cover the TMC mini, the newest addition to the TMC family, a multi-media platform designed for in-program use.

Jeff Cole, Max Cuppens, Beyond School Bells Learning Objectives

1. Participants will learn where to access this free content and how to use it.
2. Participants will learn about various professional development support choices.



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Equity & Inclusion



Equity & Inclusion

LIVE SESSIONS

Wednesday, September 30 | 9:00 am

Opening Session/Plenary

Wednesday, September 30 | 1:00 pm

Creating Significant Moments of Impact

Learn how technology is used to adapt and expand programming to create moments of impact and growth. This session covers emerging social-learning platforms, youth counter-culture program areas, and unique means of impact assessment.

Mike Smith, Drew Newlin, Shayne Pearson, The Bay Online Learning Objectives:

1. Participants will learn how to use emerging technology to de-isolate students and create engaging moments in a virtual world.
2. Participants will understand the value of refocusing outcome priorities towards creating specific instances of growth, change and impact.

Friday October 2 | 10:30 am

Who Said You Could Teach:

Helping Educators Reach, Teach and Empower Young Men

This workshop will address issues that male students face, as well as issues related to adverse childhood experiences or trauma — including violence and divorce, incarceration or death of parents. How males process stressors influences their behavior, motivation and desire to learn. All students experience negative moments inside and outside of school, however boys process them differently. During this interactive session, participants will gain insight into how to help male students overcome life's challenges with ready-to-use strategies.

LaRon Henderson, Collective for Youth

Learning Objectives:

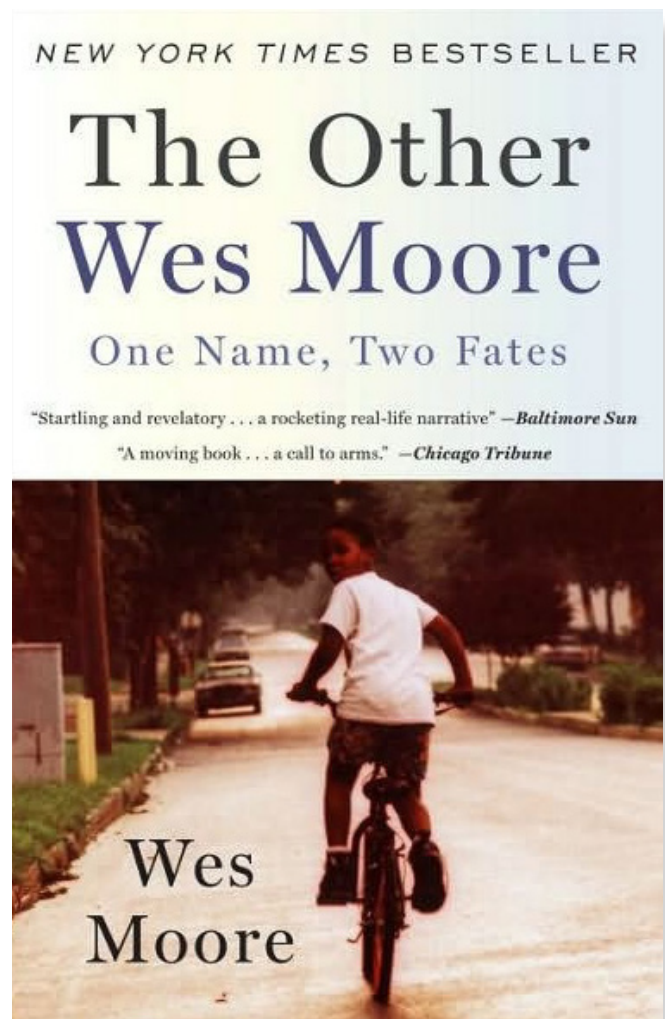
1. Participants will develop understanding to better serve young men.
2. Participants will create strategies to reach an unmet population.

FORUM DISCUSSION

Book Club: The Other Wes Moore

(see page 27 for details)

All registrants received a free copy of the audiobook *The Other Wes Moore*. Join the online Forum Discussion by visiting the Event Hub (on the Conference website) and discuss the book's relevance to the theme of Equity & Inclusion.



ON-DEMAND VIDEO*

Create an Inclusive Computer Science Program

Young people need computer science (CS) skills to thrive. Develop strategies for creating an inclusive CS program that provides access for all students. You won't need an expert coder to bring CS into your program. We've broken it down into a simple process that builds on the skills you already have. Logical thinking, problem solving and youth development are the basis of the Click2Science approach to CS.

Sandra Frerichs, Ann O'Connor, Click2SciencePD
Learning Objectives

1. Participants will develop strategies for facilitating inclusive computer science learning experiences for all young people.
2. Participants will understand best practices for integrating computer science into afterschool programming and expanding access to groups who are underrepresented in computer science.

Developing Intercultural Competence through Club Leader Participation

In recent years, Nebraska Honors has partnered with Lincoln Community Learning Centers to administer afterschool clubs. Through club facilitation, Honors students have improved a variety of skills, including intercultural competence. This session is about the support that we can provide to club leaders to further their own development.

Shannon Mangram, University of Nebraska Honors Program
Learning Objectives:

1. Participants will learn how integrating development can improve the club leader experience.
2. Participants will learn ways to develop intercultural competence.

Equity in STEM Education: The Connection to Culture

When you think about diversity; how does it show itself? When you stand before your students, do the faces looking back at you look like your own? Most likely your answer is "no". Classrooms, and out-of-school time programs are becoming more culturally, ethnically, and linguistically diverse, which is leading to both challenges and opportunities for educators. A challenge is often students and educators do not have the same cultural, ethnic, or social background. How can you bridge this disconnect, and why does it matter? Join us to learn about research-based best practices on cultural responsiveness. A powerful approach that spans the cultural divide that often exists between educators and students and allows educators to improve STEM engagement and equity.

Alicia Santiago, National Girls Collaborative

Who Invited You Anyway? Culture Over Compromise

Why do certain groups add up to be greater than the sum of their parts, while others add up to be less? Creating a sense of belonging is important when building a strong community. Have you ever walked into a room and felt like you were not invited? Creating a sense of belonging is important when building a strong community. Participants in the workshop will gain practical skill on how to Build Safety, Share Vulnerability and Fulfill Purpose inside any culture without compromising the identity of those in the group.

LaRon Henderson, Collective for Youth
Learning Objectives:

1. How to create a sense of belonging
2. Understand the importance of celebrating culture

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Emotional Health & Wellness



Emotional Health & Wellness

LIVE SESSIONS

Thursday, October 1 | 9:00 am

Opening Session/Plenary

Wednesday, September 30 | 10:30 am

Educating Youth on the Science and Social Science of COVID Using the Smithsonian's "COVID-19! How do I protect myself and others?"

The Smithsonian Science Education Center (SSEC) developed "COVID-19! How can I protect myself and others?," a new free guide for youth ages 8–17, which helps young people understand the science and social science of COVID-19 as well as help them take actions to keep themselves, their families and communities safe. In this presentation, the Director of the SSEC will discuss how afterschool programs can use the guide to help youth explore the impact of COVID-19 on the world, practice hand and respiratory hygiene and physical distancing, research information about COVID-19, and develop an integrated action.

Carol O'Donnell and Katherine Blanchard
Smithsonian Science Education Center

Thursday, October 1 | 10:30 am

Easy Peasy Art Pleasy

This session will provide ideas and activities for bringing arts into afterschool, whether in person or virtually. Art is a wonderful way to nurture emotional well-being in people of all ages. Prepare to have fun and get these supplies ready before the session: Cardstock, art paper or 8x10 canvas board, popsicle stick, playdoh, scissors, glue, paintbrush, colored markers, black sharpie marker, acrylic paint (various colors), paper towel and water to wash brushes.

Kathie Phillips, Kristi Chambers, Emily Trauernicht, Lincoln Community Learning Centers

Learning Objectives

1. Participants will learn a variety of activities in the arts that can be done with easy-to access materials.
2. Participants will learn a variety of strategies for enhancing emotional well-being through fun and relaxing visual arts, musical arts, and language arts activities.

Thursday, October 1 | 1:00 pm

Health at Home:

Resources and Tips for Virtual Out-of-School Time

This session is designed for out-of-school time staff that will be delivering their out-of-school time programs virtually. We will offer tips to get kids moving and ways to incorporate healthy eating through the screen. Topics include navigating the free Health at Home resources for optimal use, tips on actively engaging students virtually and strategies on adapting physical activity for smaller spaces and individuals. This session is interactive and practices the philosophy of "If it ain't fun, it won't get done"!

Joey Walker, Lindsay Edgar, Shana Green
CATCH GLOBAL FOUNDATION

Learning Objectives

1. Participants will have a clear understanding of the CATCH resources available to them.
2. Participants will walk away with clear strategies and ideas on delivering the CATCH curriculum virtually.



ON-DEMAND VIDEO*

Creating a Positive Learning Environment with Y4Y

Our language and interactions send a signal to students and stakeholders. Make that signal one of nurture and caring by providing a positive learning environment with all the feels. Join the U.S. Department of Education's You for Youth (Y4Y) Technical Assistance Team as they discuss the importance of designing a welcoming afterschool space, provide strategies for developing a positive learning environment, and offer ideas for maximizing outcomes through programming that makes students feel safe and ready to learn.

Andrew Francis, Education Specialist, You for Youth (Y4Y)
Learning Objectives

1. Participants will learn to assess program climate in relation to clearly defined values and culture.
2. Participants will learn to implement strategies to create and sustain a positive learning environment where students, families, and program staff feel safe and supported.

Creating Out-of-School Time Environments Where Social Emotional Learning Comes into Play!

Kids' physical, emotional and social well-being are inseparable. Healthy kids do better in school, at home, and in life. The session will provide tools, guidance, and resources to support out-of-school time sites in creating healthier environments that empower kids to thrive. We will (1) Assess the health and wellness of your out-of-school time program; (2) Increase resilience of students and staff with the RISE Index, from Kaiser Permanente; and (3) Review resources, tools and trainings on physical education & activity, employee wellness, nutrition, social-emotional health and learning, policy, and more.

Jessie Coffey, Whole Child Coordinator,
Nebraska Department of Education
Learning Objectives

1. Session will increase participants' knowledge of social-emotional (SEL) core competencies and the value of utilizing SEL practices in the out of school time setting.
2. Participants will identify evidence-based tools and resources that will increase their ability to implement SEL practices into their out-of-school time setting.

Mindful Educators: A Practice for Peace

Yoga, mindfulness, and breath practice create a place for your authentic self in the present moment. This practice will help you feel clear and focused. It is like a resting place for the tired mind that will rejuvenate and create peace.

Mary Clare Sweet, Lotus House of Yoga

Mindful Children: Methods for the Classroom

Children of all ages will benefit from these simple and time-tested techniques. These mindfulness methods can be used on their own or together to make a unified and calm classroom.

Mary Clare Sweet, Lotus House of Yoga

Encouraging a Growth Mindset through Wellness Enrichment

To aid in a school's mission to promote growth mindset in their students, providing a school enrichment program for organizations to encourage wellness through the changes of our new world will pair with and support the efforts in wellness and growth mindset learning outside of the classroom.

Taylor Wickham, Nebraska Extension
Learning Objectives

1. Participants will understand the importance of including wellness and personal development learning experiences during youth programming.
2. Participants will receive activities and lesson plans to support youth wellness in and out of the classroom.

**The On-Demand Video Library includes all recorded sessions and will be available for registered conference participants September 30 - October 16.*



ON-DEMAND VIDEO***Family Engagement for Physical Activity**

Receive resources to assist in getting families engaged as well as ideas of physical activities (PA) to provide parents for family PA time at home. These can be applied outside of your program, or while in a remote setting.

Lacey Peters, Nebraska Department of Education
Learning Objectives

1. Participants will discuss the importance of physical activity and the power of play.
2. Participants will explore resources for engaging families in their program using physical activity.

How to Provide Physical Activity during the Pandemic

With all of CDC's guidelines on cleaning and disinfecting, social distancing and equipment use, how can we safely get kids up and moving? This session will help interpret the guidelines for safety while providing a variety of physical activity ideas that are safe to incorporate in-person or virtually into your programs.

Lacey Peters, Nebraska Department of Education
Learning Objectives

1. Participants will discuss the importance of physical activity and the power of play.
2. Participants will explore resources and ideas for safely engaging students in physical activity during the pandemic.

Social and Emotional Learning with Y4Y

21st Century Community Learning Center programs offer a great platform for teaching students necessary social and emotional skills. Join the You for Youth (Y4Y) Technical Assistance team as we walk through each step of the process for delivering high-quality social and emotional learning activities - planning, designing, implementing and assessing your efforts. Learn more about Y4Y and other resources, along with other tools and tips to help you implement social and emotional learning into new activities.

Andrew Francis, Education Specialist, You for Youth (Y4Y)
Learning Objectives

1. Participants will define social and emotional learning.
2. Participants will examine techniques and strategies for implementing SEL in 21st CCLC programs.

When Work Becomes Overwhelming

2020 has been a challenging year. Many of us have experienced changes in routine, faced much uncertainty and have juggled several roles at one time. This session will examine ways that one might be experiencing compassion fatigue and how one engages in self-care. Participants will explore and discuss the impact compassion fatigue has on one personally and professionally. Participants will name ways to ease fatigue through a personal self-care plan and identify challenges to self-care.

Michelle Krehbiel, University of Nebraska- Lincoln 4-H Youth Development

Learning Objectives

1. Participants will define self-care and compassion fatigue.
2. Participants will identify ways to do self-care in their daily lives.



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Environmental & Outdoor Ed.



Environmental & Outdoor Education

LIVE SESSIONS

Thursday, October 1 | 9:00 am

Opening Session/Plenary

Thursday, October 1 | 10:30 am

Solar Energy and Outdoor Learning

Participants will learn about a free BSB Solar Energy unit, designed to help youth understand light and heat and how we can harness these forces for our benefit. Participants will receive supplies used in the demonstration; supplies that can be used at programs or easily be repurposed for at-home use.

\$10 fee and pre-registration required for this session.

[Click HERE to register.](#)

Sandra Day, Ed. D., Beyond School Bells

Learning Objectives

1. Participants will learn about all of the online content available for free for afterschool programs thanks to BSB.
2. Participants will be able to explain the importance of children spending time outside to parents and provide them with resources.

Friday, October 2 | 10:30 am

Growing Up Wild

When you register for this workshop, you will receive the Growing Up WILD curriculum that builds on children's sense of wonder about nature and invites them to explore wildlife and the world around them. Participants will also receive the 8 week afterschool club lesson plans, as well as a material guide for each activity. Growing Up WILD features 27 thematic units (more than 400 experiences) that help children develop positive impressions about the natural world and learn lifelong social and academic skills. This workshop will focus on afterschool providers in the form of an 8-week Afterschool club, focusing on 8 different topics that relate to the Growing Up WILD curriculum.

\$10 fee and pre-registration required for this session.

[Click HERE to register.](#)

Monica Macoubrie, Nebraska Game and Parks Commission

ON-DEMAND VIDEO*

Get Outside! Engaging Environmental Education with Nebraska 4-H Camps

Looking for engaging and exciting virtual educational activities for youth? Trying to stick to a tight program budget? We've got you covered! Join the Nebraska 4-H Camp Program Directors as we lead an informational session discussing the outdoor education and STEAM-based programs we can offer for youth ages 6-14. Become one with nature as we explore some of our favorite VIRTUAL activities using low cost or recycled materials or even supplies that can be easily found in your own backyard. Water, shelter, fire, trees and more! Sit back, relax and let us help you keep your virtual programming fresh and fun!

Katie Zabel, Kali Tomlinson, Nebraska 4-H Camps

Learning Objectives

1. Participants will learn about Environmental Education programming opportunities offered by Nebraska 4-H Camps.
2. Participants will learn how to lead an exciting, environmental activity on a budget!

Butterflies-Life Cycle

Are you ready to learn more about the life cycle of a butterfly? Five weekly virtual lessons for students to explore butterflies with photos, videos, and slides will be available for afterschool staff to engage with students.

Angela Abts, Nebraska Extensions

Learning Objectives:

1. Participants will be able to introduce the life cycle of butterflies with afterschool students.

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ON-DEMAND VIDEO***Dissect Your Garden**

Prepare for a fun, hands-on look at a school garden. Learn how to develop a deeper understanding of where food comes from while learning about common garden produce from seed to table. We will dissect a tomato, but lessons can be adapted to any fruit or vegetable.

Sarah Paisley, Nebraska Extension 4-H

Learning Objectives

1. Youth will be able to explain the growth and development of garden produce
2. Youth will be able to identify the process of seed to table of a tomato.

Found on the Farm: After-School Programming

Discover hands-on, virtual, and at-home learning for youth through Nebraska Agriculture in the Classroom! Learn more about resources that thoughtfully connect PreK-12th grade students to their source of food, fiber, and fuel. This workshop will feature engaging, customized activities and instructional strategies that can be immediately implemented into your program.

Courtney Shreve, Nebraska Ag in the Classroom

Learning Objectives

1. Identify free Ag in the Classroom resources that can be immediately implemented into programming.
2. Understand Ag in the Classroom curriculum through modeled facilitation.

Kids in the Outdoors

What's the scoop on outdoor education? Find out why outdoor education matters and what you can do to facilitate meaningful exploration.

Julie Boyle, Sarah Roberts, Nebraska Extension

Learning Objectives:

1. Learners will discover the benefits of nature education for early childhood and school aged youth and how to incorporate it into their program.

Project Learning Tree Environmental Education Activities with Family-based Extensions

Receive workshop-style training in free activities from Project Learning Tree's award-winning curricula that have specially designed family extensions. Participants will walk away with *free* ready-to-use lessons, will be equipped to use these activities in their Community Learning Center, and then give take-home resources to encourage their students' to continue learning at home with their families. Also, get some great ideas on how to take your classes outside and stay socially distanced during this workshop connecting PLT's curricula with the current "new normal."

Jack Hilgert, Nebraska Forest Service

Learning Objectives

1. Participants will be able to use the curricula to guide children in outdoor and environmental experiences.
2. Participants will be able to explain the importance of children spending time outside to parents and provide them with resources.

**The On-Demand Video Library includes all recorded sessions and will be available for registered conference participants September 30 - October 16.*



Entrepreneurship



Entrepreneurship

LIVE SESSIONS

Friday, October 2 | 9:00 am

Opening Session/Plenary

Friday, October 2 | 3:00 pm

Youth Entrepreneurial Experience

Are you someone who likes to build new things, has new ideas, or just enjoys investigating the newest products, gadgets, and technology?! Then you are someone who thinks just like an Entrepreneur! During this engaging session for youth, they will learn what an entrepreneur is, how they act like an entrepreneur, watch quick pitch videos from youth across Nebraska, and create a prototype of an idea or business that solves a problem they may have. They will also develop and demonstrate entrepreneurial skills such as creativity, motivation, achievement, problem-solving, and risk-taking. Finally, youth will celebrate the successful completion of their project. This session is a live session that gives an introduction to entrepreneurship and is designed for afterschool programs to join and participate together.

Andy Larson, Nebraska 4-H Youth Development
Breann Hines, Young Entrepreneurs of the Future
Learning Objectives

1. Participants will learn how entrepreneurship benefits youth.
2. Participants will learn how to engage youth in entrepreneurship.

ON-DEMAND VIDEO*

Connecting Youth to Community: Leading Entrepreneurial Programs in an Out-of-School Setting

Afterschool Programs are the perfect setting for youth to lead with and develop an Entrepreneurial Mindset, solve problems, and create new ideas. In fact, you are already teaching these skills every day in your programs and youth are already doing these things each and every day. How can you take that one step further and be intentional about the entrepreneurial skills that you are teaching and connecting those skills and passions to the communities you live in? During this session, you will learn easy and fun ways to integrate entrepreneurship activities into your programming as well as how you can connect those experiences to local entrepreneurs, organizations, and more so your youth can take their entrepreneurial skills to the next level!

Andy Larson, Nebraska 4-H Youth Development
Extension Educator- Innovation and Entrepreneurship

Youth Entrepreneurship in Afterschool and the Power of Mentoring

Why does Youth Entrepreneurship work so well in the afterschool space? How can you structure a mentorship opportunity for youth? Tune in and hear Scott, Director of Education for VentureLab, and Breann the COO of Young Entrepreneurs of the Future, discuss and give practical advice on how to engage youth through entrepreneurial learning and create mentorship opportunities for your youth.

Scott Mann, VentureLab / Breann Hines, Young
Entrepreneurs of the Future

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ON-DEMAND VIDEO*

Building the Future Through Entrepreneurship

The team from University of Nebraska Kearney's Center for Entrepreneurship and Rural Development will share details about their entrepreneurship focused youth programs including practices to introduce the entrepreneurial mindset and the power of innovation in the classroom. Participants will learn strategies and practices for inspiring creative thought and brainstorming.

Aliese Hoffman, Lisa Tschauner, UNK- Center for Entrepreneurship and Rural Development
Learning Objectives

1. Participants will learn about the programs and resources offered by UNK's Center for Entrepreneurship and Rural Development.
2. Participants will learn strategies and practices for inspiring creative thought and brainstorming.

Starting an Entrepreneurship Club

Learn the basics of how to start an entrepreneurship club for your afterschool program: programming, curriculum, youth marketplace and lessons learned.

Patricia Sanchez-Stewart, Lexington Afterschool Programs
Learning Objectives

1. Participants will understand initial steps to implement entrepreneurship programming in afterschool.
2. Participants will learn how to operate a one-day youth marketplace.

Successful Youth Entrepreneurship Markets

Learn about how to provide entrepreneurship programming for students that teaches them important skills and knowledge about product development, customer interaction, pricing and shipping. Learn how to engage local partners in this work and how to implement real-world selling opportunities for students at youth markets and community events.

Austin Casselberry, Norfolk Aftershock Afterschool Program
Learning Objectives

1. Participants will learn the nuts and bolts of implementing youth entrepreneurship markets.
2. Participants will get tips on engaging local partners.

Afterschool Entrepreneurship 101

Would you like an authentic strategy for connecting your program with the community, building essential life skills and showcasing your program? We will talk about entrepreneurship, the importance of it in afterschool programming and how it can be facilitated in live or virtual settings. Learn about free K-12 curricula, on-demand video training, and technical assistance available from Young Entrepreneur Institute and others.

Jessie Jones, Young Entrepreneur Institute
Learning Objectives:

1. Participants will learn about entrepreneurship and why it is important for kids to experience and gain an entrepreneurial mindset.
2. Participants will learn about an array of free, fun entrepreneurial resources to use in various program settings for all ages.



Elevating Programs



Elevating Programs

LIVE SESSIONS

Friday, October 2 | 1:00 pm

Building a Virtual Education Department at the Zoo

With the closure of schools and the Zoo in March, students, parents, and educators were more in need of supplemental education and virtual resources than ever before. On a moment's notice, the entire education department at Omaha's Henry Doorly Zoo & Aquarium had to go virtual! We discuss the challenges, successes, and lessons learned in building hundreds of virtual programs, including day camps, preschool, backstage tours, afterschool programming and more. In addition to learning about best practices when developing virtual programming, attendees will also discover what resources are available to them from the Zoo.

Peter Brunette, Julie Anderson
Omaha's Henry Doorly Zoo & Aquarium
Learning Objectives

1. Participants will learn Best Practices when developing virtual programming.
2. Participants will understand Environmental Education opportunities available at Omaha's Henry Doorly Zoo & Aquarium.

ON-DEMAND VIDEO*

Coaching for a CHANGE

The coaching conversation is the vehicle for building engaged relationships that lead to high performance. Build on your existing coaching and communication skills and use the flexible coaching process presented in all kinds of situations that require effective communication. Participants will gain core coaching competencies but also a greater degree of self-awareness and personal leadership development. Participation in this class enhances your personal development as well as your professional skills. Participants will receive feedback on your coaching skills/competencies. Increased confidence to develop meaningful, authentic coaching relationships which deeply serve those you are coaching. Motivate the people they coach to actively seek out opportunities to contribute more to the organization and enhance employee engagement and commitment to the business.

LeRon Henderson, Collective for Youth
Learning Objectives

1. Participants will develop strategies for coaching staff virtually.
2. Participants will increase confidence to develop meaningful, authentic coaching relationships.

Mizzen by Mott

Mizzen by Mott inspires, engages and sparks learning in young people. With activities from premier organizations like Jazz at Lincoln Center and powerful management tools, this new app can help you strengthen your afterschool program. Supported by the Mott Foundation, Mizzen is available at no cost to afterschool professionals!

Mott Network

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ON-DEMAND VIDEO*

Plan and Prepare: Lesson Planning 101

This workshop introduces the lesson planning template that was designed by a committee from Nebraska's 21st Century Community Learning Centers and takes you through it step by step.

Saundra Frerichs, Nebraska 4-H Youth Development
Learning Objectives

1. Participants will learn how to use the lesson planning template.

Student-led Service Learning All Grades

Interested in creating a cadre of service-learning youth who support and understand community? Interested in developing philanthropy at any grade level with free resources and collaboration? Then this workshop is for you! Join us as we explain how to access hundreds of free resources through Learning to Give for a vibrant school enrichment or afterschool service-learning experience.

Mary Beth Budz, Learning to Give
Learning Objectives

1. Participants will learn how to create a service learning program.
2. Participants will learn how to deliver this to any grade level.

Virtual Learning, Virtually Anywhere!

With the emergence of widespread remote learning across the state this past spring, Nebraska 4-H launched several Virtual and At-Home learning opportunities and resources at <http://4h.unl.edu/virtual-home-learning>. The Live Experience Programs, Self-Paced Opportunities, and Activity Guides have been utilized across the country. Learn how these virtual experiences can be used into the future, virtually anywhere!

Tracy Pracheil, Saundra Frerichs, Andy Larson,
Nebraska 4-H Youth Development
Learning Objectives

1. Participants will learn how they can bring live, real-time learning experiences to the youth in their communities.

Remote Learning: Afterschool Style

Three School Community Coordinators from Lincoln will present on the different ways they engaged students remotely this summer with various activities and supports while also engaging their families. They will also talk about how to incorporate these same activities and supports into their afterschool programs to include remote learners and students that are not able to attend in-person.

Emily Trauemicht, Lincoln Community Learning Centers
Angela Hauserman, Family Service Lincoln
Learning Objectives:

1. Participants will learn multiple ways to engage students remotely.
2. Participants will learn how to set up a remote program.

16 New Units from Beyond School Bells!

In this session, you will learn about 13 new science-based units, plus 1 social studies, 1 college & career, and 1 ACT Test preparation lessons. All units have multiple lessons, many of which can be adapted to multiple age levels.

Sandra Day, Ed. D., Beyond School Bells
Learning Objectives

1. Participants will learn where to access this free content and how to use it.
2. Participants will learn about various professional development support choices.

Show me (how to get) the (CARES Act) Money!

An introduction to Beyond School Bells online portal to provide CARES Act stabilization support to school age care providers impacted by the COVID-19 pandemic.

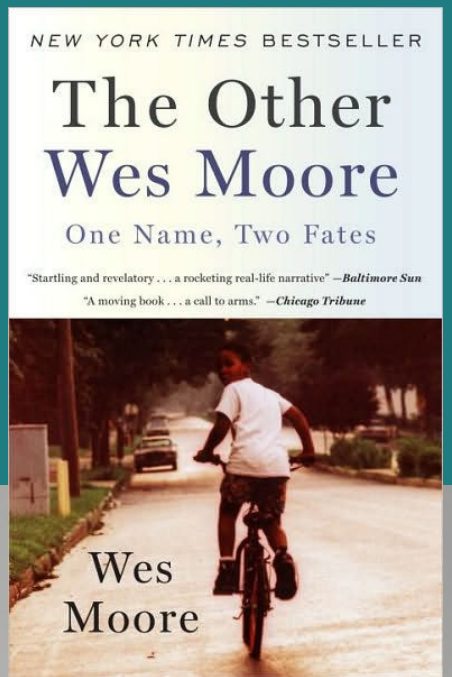
Jeff Cole, Marti Beard, Rachel Sissel, Beyond School Bells
Learning Objectives

1. Participants will learn about the new online portal.
2. Participants will learn new ways to support your program.

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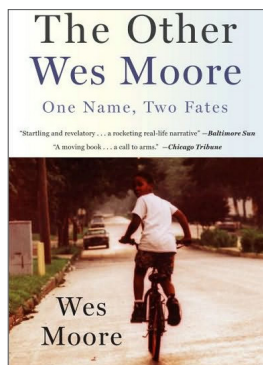


Book Club



Virtual Book Club

All registrants received a free copy of the audiobook *The Other Wes Moore*. Join the online Forum Discussion by visiting the Event Hub (on the Conference website) and discuss its relevance to the theme of Equity & Inclusion.



About the Book

The chilling truth is that his story could have been mine. The tragedy is that my story could have been his.

Two kids named Wes Moore were born blocks apart within a year of each other. Both grew up fatherless in similar Baltimore neighborhoods and had difficult childhoods; both hung out on street corners with their crews; both ran into trouble with the police.

How, then, did one grow up to be a Rhodes Scholar, decorated veteran, White House Fellow, and business leader, while the other ended up a convicted murderer serving a life sentence?

Wes Moore, the author of this fascinating book, sets out to answer this profound question. In alternating narratives that take readers from heart-wrenching losses to moments of surprising redemption, *The Other Wes Moore* tells the story of a generation of boys trying to find their way in a hostile world.



About the Author

Wes Moore is the CEO of Robin Hood, one of the largest anti-poverty forces in the nation. He is a bestselling author, a combat veteran, and a social entrepreneur.

Wes' first book, "The Other Wes Moore," a perennial New York Times bestseller, captured the nation's attention on the fine line between success and failure in our communities and in ourselves. That story has been optioned by executive producer Oprah Winfrey and HBO to be made into a movie. He is also the author of the bestselling books "The Work," "Discovering Wes Moore," and "This Way Home."

Wes grew up in Baltimore and the Bronx, where he was raised by a single mom. Despite childhood challenges, he graduated Phi Theta Kappa from Valley Forge Military College in 1998 and Phi Beta Kappa from Johns Hopkins University in 2001. He earned an MLitt in International Relations from Oxford University as a Rhodes Scholar in 2004. Wes then served as a captain and paratrooper with the U.S. Army's 82nd Airborne, including a combat deployment to Afghanistan. He later served as a White House Fellow to Secretary of State Condoleezza Rice.

Wes was the founder and CEO at BridgeEdU, an innovative tech platform addressing the college completion and job placement crisis. He remains on the Board. Wes lives in Baltimore with his two children and his wife, Dawn.

Start Your Own Book Club

What is it?

A book club is a group of people who get together to read and talk about books. Since you received a free copy of the audio book *The Other Wes Moore*, you can start out discussing this book and issues related to equity and inclusion. Formal book clubs meet on a regular basis at a set location. Find a time and place for your book club where your staff can relax and share their thoughts about the book.

What can we do?

This guide includes discussion questions, links to videos, and activities you can use with your book club. Don't try to cover all these questions. Select two or three questions that will inspire your group to talk and think.

How can we give everyone a voice?

We selected an audio book so that everyone can get through the book in about the same amount of time. You can use the discussion activities below to make sure everyone has an opportunity to speak and listen to others. Be explicit that you would like everyone to listen and speak in the book club. You can use a talking stick (or talking ball) to pass around the group. Only the person with the talking stick can speak. This encourages everyone to consider and take their time before voicing their idea.

What comes next?

Most book clubs meet once every four or eight weeks in order to give members time to read (or listen to) the next book. If your team enjoys meeting and talking about *The Other Wes Moore*, you may decide to pick another book to read together. Your local librarian can help you select another book. You can use the discussion activities below with any book, and many books have discussion questions in the back for book clubs.

Discussion Questions

1. The author wrote, "The chilling truth is that his life could have been mine. The tragedy is that my story could have been his." What do you make of that statement? Do you think Moore is correct? What does this make you think about the work you do with young people?
2. Do you think having "positive" role models as a child serves as a deterrent to a life of crime? Is what constitutes a "positive" role model the same for everyone or does it vary? What are your expectations for a positive role model?
3. Oprah Winfrey has said that "when you hear this story, it's going to turn the way you think about free will and fate upside down." To what degree are we free to choose and create our own destiny? What factors determine our fate in life?
4. How does the role of family – especially the presence or absence of fathers in their lives – impact these two men? What about the role of their mothers, Joy and Mary? Grandparents? What about the families you work with?
5. Why do you think the author was haunted by the story of his namesake? What was the reason he insisted on meeting him in prison? Talk about the awkwardness of their first meeting and their gradual openness and sharing with one another.
6. Discuss the relationship between education and poverty. In your discussion, consider the education levels of both mothers, how far each man got in his education, the opportunities they gained or lost as a result of their education, and their reasons for continuing or discontinuing their studies. How can this shape what you do in your program?
7. The author Wes asked the prisoner Wes, "when did you first know you were a man?" Talk about the significance of that question... and how each man responded. How does society expect a "man" to act in your community?
8. Has this book left you with any ideas for changing the conditions that led to the imprisonment of Wesley Moore? What can be done to ensure a more productive life for the many young men who grow up on the streets? How can this shape what you do in your community?

Discussion Activities

Sometimes it is easier to talk when you are doing something else. These hands-on activities can make your Book Club more active and help build connections within your team.

Spinning Yarn

Spinning Yarns gives your team opportunities to listen to others and demonstrates their connectedness through play and discussion.

Requires

- A ball of yarn
- 10 or more people
- Use any of the discussion questions above or create your own
- Allow 8-10 minutes per question
- This activity can be played with everyone sitting at tables or standing.

Explain that each person should raise their hand when they want to speak and wait for the ball of yarn to be passed to them. Be gentle as you pass the yarn and try to be sure everyone is having fun. Start the game by holding the ball of yarn and posing a question, then wait for someone to raise their hand and pass the ball to them. Let that person speak, then ask if anyone else wants to respond. Remind the first person to hold onto the yarn and ask them to pass it to someone else who wants to speak. Continue inviting others to respond to the ongoing topic until the discussion seems to die out, then you can pose another question and continue passing the ball until you run out of yarn or run out of time.

End the game by asking everyone to carefully lay the yarn down on the floor or table in front of them. Reflect on the activity then begin to gather the yarn back into a ball starting with the last person that the ball was passed to.

Two Circles

Two Circles can help your team build community through one-on-one interaction with each other and help give everyone a voice.

Requires

- 8 or more people
- Use any of the discussion questions above or create your own
- Allow 8-10 minutes per question

Split the group in half. Half the group forms a circle in the center of the room facing out. The other half pairs up the people in the circle so that each person has a partner. Be sure partners are spread apart far enough so they can talk but still in a circle. Pose a question for everyone to discuss with their partner for four minutes, then allow three to five minutes to share ideas and discuss the question as a big group. Have the inside circle move counter-clockwise so everyone has a new partner. Repeat the process with another discussion question. Wrap up the activity with a reflection on the process of talking and sharing ideas in the circles.

Youth Marketplace

Congratulations to these Young Entrepreneurs. In our first ever youth marketplace, attendees will have the opportunity to shop in our virtual store and meet aspiring young entrepreneurs from across Nebraska. Young entrepreneur markets are a great way to provide real-world opportunities for K-12 students that help them gain important skills and knowledge about business development, customer interaction, pricing and pitching. Friday will be a celebration of young people in our state and all that they can accomplish.

a’Ron Karon Burns

Business name: Royoltee styles

Alexa De La Cruz-Valdovinos

Business name: Lexx Cosmetics

Aniyah Skanes

Business name: Niyah’s Bundle Bags

Ayden Redick

Business name: Sophisticated Kids BOWtique

Bodhi Allen Brandt

Business name: Brandt Performance

Dalliya Conway

Business name: Dalliya’s Dazzling Designs

Hailey Hanneman and Grace Ziegler

Business name: Hailey Grace Bath Bombs

Michelle Lucio Hernandez

Business name: Mxshele

Sage Giddings

Business name: Royal Refuge Apparel

Taya Frederick

Business name: CanCan Tapers by Taya

Professional Networking

There are many ways you can connect with others and build your professional network during GetConnected 2020. Add a picture and description to your bio – just like you might introduce yourself to someone as you are getting a cup of coffee at the conference. Join interesting discussions on the Forum – ask questions and share your expertise. Participate in the networking events. Meet up with someone during the Morning fitness sessions and encourage one another. Use the Member hub to connect with presenters and tell them you enjoyed their session.

GetConnected Networking Event

Wednesday September 30 2:30-3:30 PM

Join Senator Anna Wishart for a fun networking and icebreaker session with online games and group activities. This session will walk you through some great activities for teambuilding that you can bring back to your community.

Healthy Snacks Networking Event

Thursday October 1 2:30-3:30 PM

Join Jessie Coffey from Nebraska Department of Education to have fun sharing ideas for healthy snacks for home or for your program. Try out fun seasonal recipes that you can make with your kids.

The Science of Cocktails Networking Event

Friday October 2 6:00-7:00 PM

TGIF! Join Senator Anna Wishart for an end-of-conference FAC networking session where we will be connecting with a local bartending to make a specialty cocktail (alcoholic and non-alcoholic versions). We will also see a just released promotion for Lincoln's music festival that will be entirely virtual this year!

Exhibit Hall

Click2SciencePD

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Becky Barnard, rbarnard3@unl.edu

NE Agriculture in the Classroom

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NE Forest Service

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NE Statewide Arboretum

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You for Youth (Y4Y)

David McConnell, DMcConnell@foundationsinc.org

NE 21st CCLC Afterschool Programs

Jan Handa, jan.handa@nebraska.gov

NDE Office of Early Childhood Training Center

Jene Chapman, jene.chapman@nebraska.gov



MIZZEN

BY MOTT

Powering
Those Who
Empower Kids

